



Well Being Board Meeting

Date	28 th July 2017
Report title	Mental Health Commission Update
Cabinet Member Portfolio Lead	Councillor Bob Sleight -Wellbeing & HS2
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Report to be/has been considered by	

Recommendation(s) for action or decision:

The Wellbeing Board is recommended to:

- **Note the update provided**

1.0 Purpose

1.1 This report is to provide an update on the current position of the

2.0 Background

2.1 Following the last Wellbeing Board Meeting on 19th May 2017 the Implementation plan was completed and progress is now being made.

3.0 Wider WMCA Implications

3.1 It is proposed that a number of the programmes will be developed with partners across the West Midlands Combined Authority footprint. We will actively seek to engage non constituent members to support the Treasury and Departments of Health and Work approach for effective evaluation of national scalability. A number of projects outlined below are being scoped for delivery across numerous constituencies within the WMCA footprint. This aims to ensure that the approaches developed create a set of guiding principles which can be adopted across localities.

4.0 Progress

4.1 Primary Care into work intervention “THRIVE into Work” - The Individual Placement and Support programme has been granted approximately £8.4M from the innovation fund to trial a primary care based approach for the support programme utilising a Randomised Control Trial approach for the 6000 recipients of the approach. The number of participants in the trial has grown since the original bid by nearly 1500.

4.2 The WMCA are currently working with Wolverhampton Clinical Commissioning Group to act as the host organisation for the project. This will support the flow of funds from the Department for Work and Pensions and the Department of Health and create a contract management process. It is hoped that the trial will commence in the autumn 2017.

4.3 The WMCA are currently moving from the design phase to delivery with market warming and procurement due to place in the late August. We are establishing ethics for the academic trial and the creating a commissioning framework. The project will seek to work across four geographies; Wolverhampton, Dudley, Sandwell and West Birmingham and South Birmingham. It is hoped that each area will seek to engage 1830 individuals in each area to ensure we have sufficient individuals for the trial.

4.4 During the planning phase there have been a number of challenges including emerging programmes of work within this arena. Due to the academic rigour required for the randomised control trial there has been a need to reduce the contamination effect of other trials and programmes and this has impacted on the potential sites of other programmes. We are remaining in regular contact with the Employment and Skills Commission to work to ensure we mitigate any risks.

4.5 Fiscal Incentive work – Following initial discussions with the Work and Health Unit requesting £2M to support a fiscal incentive trial within the Employer Wellbeing arena we are now at final design phase before the formal bid is completed by mid-August.

4.6 Our approach is to test the improvement of the wellbeing of 100 small and medium enterprises across the region. We have undertaken market testing and have worked with a national expert reference group to align our approach to national thinking. The proposal will include approaches to improve mental wellbeing, Muscular-skeletal issues and reduce obesity with a strong enabler approach with Executive level ownership and coordination to support interventions.

4.7 Due to the nature of the trial we will be seeking to work across a number of employment sectors within the WMCA footprint including stakeholders from private, public and third sector organisations.

- 4.8 Midlands Engine Funding – In the spring budget, £7M was identified for wellbeing in the work place. It has been established this is new money and will be spread across the wider Midlands region. The focus of this will be to share the learning from the existing Mental Health Commission wellbeing programmes and use the additional funds to support employers across the region. Governance for the funding is currently being discussed, with a task group being established to support the Midlands Engine framework and ensuring alignment to the Mental Health Commission.
- 4.9 Building on the evidence obtained from the above pilot a programme of work will commence to develop the delivery mechanism across the Midlands Engine footprint.
- 4.10 Housing First – Project work is now underway to identify the most effective approach and design what a good housing first programme would look like. A small group has been commissioned to establish funding streams available and the cohort of individuals to be included. Early work suggests that the cohort could include; Care leavers, families with children, Street homeless and single individuals between 16 and 35. The design phase will seek to create a commissioned model which works with approximately 50 individuals across the region. The approach will test the fidelity of the model and test the assumption that Housing First if designed properly can provide an affordable and sustainable housing solution.
- 4.11 Supporting this work, the MH Commission Director of Implementation will support the Mayor's newly created homelessness taskforce combining the existing effort of the Mental Health Commission with the wider homelessness agenda and seek to create the momentum for change necessary to reduce the current challenges facing the region. It is proposed that the programme will become a strand of the work to reduce duplication.
- 4.12 The West Midlands Combined Authority Overview and Scrutiny Committee are also engaged in the housing first project and are supporting the research and development phase of the programme.
- 4.13 Criminal Justice – Work is currently ongoing in Birmingham to introduce Mental Health Treatment Requirements as a sentencing option for individuals who are identified within the Police custody environment of Court setting and needing mental health support. The approach seeks to reduce the number of people going to prison who would be better served by a community treatment order. Ten people have now received these order since the programme began. Work is now ongoing to spread this model to both Black Country and Coventry police custody and Court settings using the Liaison and Diversion from custody mental health workers as the conduit for referral.
- 4.14 Due to the complex nature of the programme, it is expected the model will be rolled out in waves; Wave 1 will be Birmingham; Wave 2 Black Country Autumn / winter 2017; with a hope for Wave 3 Coventry to be established in the next financial year.
- 4.15 Linking this work to the re-established Local Criminal Justice Board chaired by the Police and Crime Commissioner will support the development of this approach and support wider commissioning for future.
- 4.16 Through the Gate – A programme, led by a Steve Gilbert (WMCA living experience consultant), has been established as a pilot in HMP Featherstone Prison to identify a cohort of 24 individuals who will be released back into the Wolverhampton area to provide a support package for the remaining 6 weeks of the prison sentence and for 6 -12 weeks within the

community setting. The programme seeks to reduce reoffending rates by creating a more effective transition back into the community and using peer networks to support the individual into housing, primary care and employment. It is anticipated that this programme will commence in October 2017.

- 4.17 The programme is in design phase with commissioning to begin in autumn 2017. It is expected that the workers within the prison will commence in October 2017. Wider connections are being made with the Voluntary Sector in Wolverhampton to create a peer led support model to provide a sustainable community focused solution.
- 4.18 Primary Mental Health Care – The WMCA has seconded two General Practitioners to support the development of a primary care mental health programme. The work is currently in design phase and is seeking to collaborate with existing programmes. The focus will be on the wider determinants of health and wider stakeholders including; health visitors, community pharmacy as well as GP's. This approach will design a set of principles that will enable the model to be tested across a number of geographies and seeks to create an evidence base which links our approach to Public Health and NHS England. This will create a position where we can support our drive towards local determination and help shape any future Devolution opportunities.
- 4.19 The project is in the process of completing a national review of best evidence. It is expected that by mid-September our design will be ready and the project will move towards implementation.
- 4.20 Community engagement – Work is ongoing to build links with communities around mental health and wider wellbeing. There is a strong correlation between good mental health and physical activity and we are now working collaboratively with the physical activity strand of work to raise awareness and improve opportunities.
- 4.21 We are seeking to enable communities to support a number of key areas; zero suicide ambition, wider mental health awareness and the annual 'Walking out of Darkness' event. Discussions are already taking place with faith organisations and wider community organisations.
- 4.22 Mental Health awareness raising – Building on the previous update where we are working with National Charities we have been in discussion with the Department of Health and Public Health England to develop a Mental Health Friends approach.
- 4.23 Mental Health First Aid (MHFA) England are supporting the THRIVE programme by seconding a lead into the region to develop our ambition of training 500,000 people in Mental health awareness. It is hoped that we will be a pilot site for the 1hr online mental health Friendly training and we are committed to training 300,000 people in our wider networks as mandatory training. This approach has been strongly supported by the Health and university sectors. We will be notified in September 2017 if we are successful for the programme.
- 4.24 Global City Network – As part of the THRIVE West Midlands approach there is an opportunity to develop the global cities network. A conference is taking place in Philadelphia and New York in September to align the THRIVE Cities and create a learning event for wider development. We have been invited to send representatives to this event to share the good practice and systems leadership approach as well as maximising our opportunity to market the West Midlands Combined Authority and THRIVE West Midlands on a global platform.

5.0 Financial implications

5.1 There are no new financial implications. Spend against the 2017/18 Mental Health Commission is behind budget for the first quarter of the year but is expected to be on track by the end of the financial year.

6.0 Legal implications

6.1 The current THRIVE into Work programme is in the final stage of design. The WMCA have Ministerial approval for the programme but are currently waiting on the Memorandum of Understanding from the Department of Work and Health to complete the due diligence on behalf of the WMCA.

6.2 The project has been initiated by the West Midlands Mental Health Commission under the authority of the West Midlands Combined Authority and work is currently underway to mitigate any risk that this may pose. The main issues that may arise are around procurement of the services, the terms of the hosting agreement with the WCCG and ensuring there is an appropriate level of risk sharing and indemnity from both sides. The Transfer of Undertakings (Protection of Employment) Regulations 2006 ("TUPE") and redundancy arrangements have not yet been settled at the stage of writing this report. An update will be given to the Board at the meeting.

7.0 Equalities implications

7.1 An equality forum has been established as part of the Mental Health Commission which is seeking to identify the underpinning inequality presenting through the project strands. The approach will seek to support the wider system to tackle stigma and discrimination.

7.2 The forum have commissioned Jackie Dyer and Karen Newbiggin UoB to support this work stream. This will also link to the wider WMCA equality network. The focus will be to establish gaps in access to service which impact on the THRIVE ambition and it is hoped that a proposed approach will be available in November 2017.

7.0 Other implications

7.1 No issues

8.0 Schedule of background papers

8.1 Nil

8.0 Appendices

Nil